

MOUNTAIN ADVENTURES

SPECIAL FIXED DEPARTURES 2009



Indus Culture Trek

13 Days Trekking along the Indus Valley of the Greater Himalayan range in Ladakh, India.

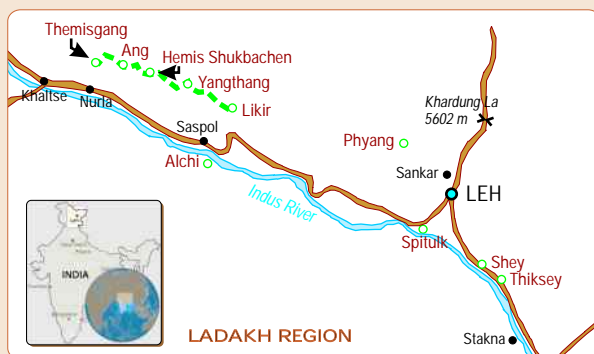
Introduction

This tour provides a mix of cultural forays and easier trekking in fascinating Ladakh, one of the most elevated areas of the world. The trekking segment has been designed for those who enjoy walking and want to have a chance to explore village life. Come and experience the majestic snow capped peaks of the Himalayas as they tower over the scattered green village fields in the midst of this otherwise rocky and arid terrain. This tour provides a wonderful introduction to the region. You visit a number of Buddhist monasteries, traditional homes, and villages as you trek through the fascinating Indus River Valley.

Itinerary in Brief:

- Day 1: Arrive in Delhi and overnight stay.
- Day 2: Early morning flight to Leh. Day to relax and acclimatize.
- Day 3: Visit to Stok Palace & museum.
- Day 4: Visit to Spituk and Phyang Monasteries.
- Day 5: Drive to Likir. Monastery visit. Trek briefing.
- Day 6: Trek to Yangthang over Charatse La (3650m).
- Day 7: Trek to Hemis Shukabachen over a 3750m pass.
- Day 8: Short trek to Ang. (3 - 4 hours)
- Day 9: Trek from Ang to Themisgang. Drive to Alchi.
- Day 10: Visit Alchi Gumpa, drive to Leh.
- Day 11: Fly to Delhi, drive to Agra.
- Day 12: Visit Taj Mahal, drive back to Delhi.
- Day 13: Tour ends after breakfast, flights home !

Please contact us for a dossier on this tour.



Departure Dates :

1. June 14 to June 27 2009
2. July 10 to July 22 2009
(Includes visiting the Hemis Festival)
3. August 02 to August 14 2009

Season : June to September.

Trek Grade : Moderate.

Accommodation:

Hotel 7 Nights, Camp 5 Nights.

All meals included.

(Breakfast, Lunch & Dinner)

Price

On double occupancy basis, Including
Ground & air arrangements within India

2 Pax : US\$:- 1899 Per person

Supplementary Single Charge: US\$ 338.

